

# Allergen Sheet

## Cycle 3 Menu



Menu Item week 1 & 2	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
Cheese Burger Seeded Brioche Bun, Sauté Potatoes, Ketchup, Leaf	✓	✓		✓			✓		✓			✓	✓	✓
Onion Bhaji Burger, Sauté Potatoes, Ketchup, Leaf		✓		✓			✓					✓		
Chicken Pilau Naan Bread and Raita		✓					✓							
Vegetable Pilau Naan Bread and Raita		✓					✓							
Lamb Kofta Kebab, Pitta Bread, Bombay Potatoes	✓	✓					✓		✓				✓	✓
Falafel Kebab Shop Style Salad, Pitta Bread, Bombay Potatoes		✓		✓		✓								
Jacket Potato, Cheese, Beans, Tuna Mayo and Salad				✓	✓		✓							
Chicken Tikka Baguette, Baguette , Crunchy Salad, Cheese and Mint Yoghurt	✓	✓		✓			✓		✓				✓	✓
Sweet Potato and Halloumi, Baguette , Crunchy Salad, Cheese and Mint Yoghurt		✓					✓							✓
Chicken Zinger Burger Brioche Bun, Spicy Rice, Sweetcorn and Trinity Secret Recipe Sauce	✓	✓		✓			✓		✓			✓	✓	✓
Halloumi Burger, Spicy Rice, Sweetcorn and Trinity Secret Recipe Sauce	✓	✓		✓			✓		✓			✓	✓	✓
Cheesy Tomato Pasta, Garlic Bread, Salad		✓		✓			✓							✓
Hot and Spicy Chicken Mini Fillet Panini, Cheese, Wedges, Ketchup and Coleslaw	✓	✓		✓			✓		✓			✓	✓	✓
Med Veg Panini, Cheese, Wedges, Ketchup and Coleslaw		✓					✓							



