

# Allergen Sheet

Menu Item	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Week 1</b>														
Chicken Pilau, Naan and Riata		✓					✓							
Vegetables Pilau, Naan and Riata		✓					✓							
Cheese and Tomato Pasta and Garlic Bread		✓					✓							
Chicken Tandoori Panini, Bag of Crisps	✓	✓					✓		✓			✓	✓	✓
Cheese and Tomato Panini, Carrot Sticks		✓					✓					✓	✓	
Keema Curry, Rice and Chapatti		✓					✓							
Vegetable Curry, Rice and Chapatti		✓					✓							
Plain/ Southern Fried Chicken with Potato Wedges and mixed Peas and Sweetcorn	✓	✓		✓			✓		✓					
Veg Nuggets with Potato Wedges and mixed Peas and Sweetcorn	✓	✓		✓			✓		✓				✓	
<b>WEEK 2</b>														
Chicken Mexican Rice, Tortilla Chips	✓	✓					✓		✓			✓	✓	✓
Vegetable Mexican Rice, Tortilla Chips														
Chicken and Cheese Pizza, Potato Bites	✓	✓					✓		✓			✓	✓	✓
Cheese and Tomato Pizza, Carrot Sticks		✓					✓						✓	
Chicken Tikka Pasta, Cheese and Garlic Bread	✓	✓					✓		✓			✓	✓	✓
Vegetable Pasta, Cheese and Garlic Bread		✓					✓						✓	
Cauliflower and Potato Curry, Rice and Mint Sauce							✓							

