

Menu Items – Cycle 3 Week 1 & 2	Celery	Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
<b>Week 1</b>														
Lamb Shish Kebab, Kebab Style Salad, Pitta Bread, Wedges, Mint Sauce		Wheat✓		✓			✓		✓			✓		
*Chicken Mini Fillet Kebab, Kebab Style Salad, Pitta Bread, Wedges, Mint Sauce	✓	Wheat✓					✓							
Vegetarian Onion Bhaji Kebab, Kebab Style Salad, Pitta Bread, Wedges, mint Sauce		Wheat✓		✓			✓					✓		
Chicken Tikka & Cheese Panini, Corn Nacho's (May Contain Rye Barley Oats)		Wheat✓					✓		✓			✓	✓	
Red Bell Pepper & Cheese Panini, *Corn Nacho's & Cucumber		Wheat✓					✓		✓			✓	✓	
Margherita Pizza Naan, Curly Fries, Mixed Salad and Bbq		Wheat✓					✓		✓					
Chicken Tikka & Potato Curry, Garlic & Coriander Naan, Mint Sauce		Wheat✓					✓		✓					
Potato & Pea Curry, Garlic & Coriander Naan, Mint Sauce		Wheat✓					✓							
* Panko Chicken Nuggets, * Sautéed Potatoes & Sliced Carrots (wheat/rye/barley/oats/spelt/kamut and their derivatives)	✓	Wheat✓					✓							
*Vegetable Nuggets, * Sautéed Potatoes & Sliced Carrots		Wheat✓												
Beef Bolognese Pasta with Grated Mozzarella Cheese, Garlic and Herb Bread & Mozzarella Cheese		Wheat✓					✓						✓	
Tomato & Spinach Pasta with Grated Mozzarella Cheese, Garlic and Herb Bread & Mozzarella Cheese		Wheat✓					✓						✓	

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<b>Week 2</b>														
Peri Chicken Wrap, Mini Rosti Bites, Crispy Salad, Tortilla Wrap, Sauce		Wheat✓		✓			✓							
Falafel Wrap, Mini Rosti Bites, Crispy Salad, Tortilla Wrap, Sauce		Wheat✓		✓			✓							
*Plain Chicken Wrap, Mini Rosti Bites, Broccoli, Tortilla Wrap, Sauce		Wheat✓		✓			✓							
*Falafel Wrap, Mini Rosti Bites, Broccoli, Tortilla Wrap, Sauce		Wheat✓		✓			✓							
Beef Pilau, Garlic and Herb Naan & Riata		Wheat✓					✓							
Chickpea & Pea Pilau, Garlic and Herb Naan & Riata		Wheat✓					✓							
BYOB Build Your Own Baguette, Tuna Mayo, Grated Cheddar Cheese and Salad		Wheat✓		✓	✓		✓		✓			✓		
BYOB Build Your Own Baguette, Grated Cheddar Cheese and Salad		Wheat✓		✓			✓		✓			✓		
Battered Fillet of Fish, Chucky Chips & Baked Beans		Wheat✓			✓							✓		
*Chicken mini Fillets, Chucky Chips & Baked beans	✓	Wheat✓					✓							
Cheese & Onion Pie, Chucky Chips & Baked Beans	✓	Wheat✓					✓							✓
Arrabiata Fusilli Tri Colour Pasta with Garlic and Herb Naan Bread, Grated Mozzarella Cheese * mild for DMP		Wheat✓					✓							

### Desserts / Primary Snacks

Cookies		Wheat✓		✓			✓						✓	
Brownie		Wheat✓		✓			✓							
Seasonal Fresh Fruit														



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Chocolate Cola Cake		Wheat✓		✓			✓						✓	
Ice- Cream							✓							
Syrup sponge		Wheat✓		✓			✓							
Biscoff Brownie		Wheat✓		✓			✓						✓	
Seasonal Fruit														
Chocolate Chip Flapjack		Oat✓					✓							
Choc Ice – Ice- cream							✓						✓	
Custard creams		Wheat✓					✓					May		
Chocolate Digestive biscuits		Wheat✓					✓						✓	
Bourbon creams		Wheat✓					May							
Jam Rings		Wheat✓		May			✓						✓	

### Breakfast and Break snacks

Buttered Toasted Wholemeal Bread		Wheat✓					✓							
Buttered Crumpets		Wheat✓					✓							
Buttered Currant tea cakes		Wheat✓					✓					May		
Cheesy Naan Pizza		Wheat✓					✓							
Cheese Toasties		Wheat✓					✓							
Pastries		Wheat✓		May			✓			May			✓	
Scrambled eggs		Wheat✓		✓			✓							
Chicken Sausage		Wheat✓												✓



Menu Items – Cycle 3 Week 1 & 2	Sulphur Dioxide	Soya	Sesame	Peanuts	Nuts	Mustard	Molluscs	Milk	Lupin	Fish	Eggs	Crustaceans	Gluten	Celery
Quorn Sausage								✓			✓		Wheat✓	
Baked beans														
Tomatoes														